

ECET News/2019

WINTER/SPRING ISSUE

CONTENT

EAUN - European Association of Urology Nurses
Congress in Barcelona – ECET joint session,
Renata Batas
PAGE 3

New international guidelines for stoma care in premature babies,
newborns, children and adolescents are presented,
Werner Droste
PAGE 5

"A lott to tell": In Polyambulance,
the first photo exhibition on the Ostomates,
Danila Maculotti
PAGE 6





Dear members and friends of ECET,

The winter has passed and spring is here, the time when nature begins to awaken and the first spring flowers start to bloom. In short, everything begins to grow; last but not least, our preparations for the ECET Congress in Rome are also taking shape.

The theme of the Congress, 'Research meets Practice – Practice meets Research', has attracted the interest of many participants who have submitted abstracts for presentations at the Congress. We have accepted many abstracts on ostomy care, continence care and wound care for oral and poster presentations.

We are looking forward to meeting you in Rome from 23-26 June 2019 and having the possibility to exchange our knowledge and experiences in all three fields of enterostomal therapy. In this way, we can contribute to the scientific growth of our profession with the final goal of 'enabling patients with ostomy, continence problems and wounds to have a better quality of life'.

Renata Batas, RN, ET
PR & Publications, ECET

Gabriele Kroboth, MSc., ET
President, ECET



EAUN - European Association of Urology Nurses Congress in Barcelona – ECET joint session Renata Batas

In March 2019, the 20th European Association of Urology Nurses (EAUN) Congress was held in Barcelona for nursing specialists and affiliated medical professionals. A lecture series on the health care of urological patients was conducted in cooperation with the EAUN and other associations of urological nurses from various European countries. The topics concerned patient care before and after surgery due to malignant bladder disease, prostate problems, irradiation and chemotherapy treatment, the treatment of incontinence patients, intermittent self-catheterisation and so on.

Some highlights from the conference:

- The European Council of Enterostomal Therapy (ECET) held a joint session with the European Association of Urology Nurses (EAUN) with the theme 'Current issues in urostomy management'. Gabriele Kroboth, President ECET, moderated the session along with Giulia Villa, RN, from Milan, Italy. Aims and objectives of this session were that urostomy care remain a focus area over the years, in oncology and in functional and paediatric urology. In some cases, patients have a choice concerning what treatment they want (e.g., a Bricker, a continent stoma or a bladder replacement like a Hautmann procedure). Making these choices is sometimes not easy. In the Netherlands, a digital decision tool for oncology patients has been developed and researched (offering a choice between a Bricker stoma or Hautmann procedure). The pros and cons of each therapy are described, so patients can determine what best fits their lifestyle. In functional and paediatric urology, a continent stoma (Mitrofanoff/Monti), with or without a bladder augmentation, is sometimes an option. Patients encounter specific problems, and a review of these problems was given. Practical tips and tricks were also discussed.
- Hanny Cobussen-Boekhorst, from the Netherlands, talked about practical guidance for patients with continent urostomy. She stressed the importance of helping patients to decide on operative interventions with a final outcome of an operatively made urostomy or 'new bladder'. A patient with a continent urostomy reservoir must learn to self-catheterise intermittently, every 3 to 4 hours; therefore, the patient's thorough preparation is important before the surgery, namely a conversation with a surgeon and a nurse about living with urostomy (ileal conduit) or continent urostomy. The patient is supposed to co-decide on the type of surgery. In this way, later on, after surgery, there are fewer problems with anxiety and depression, and it is easier for him or her to accept a new situation.



- Gabriele Kroboth, MSc, ET, President ECET made a presentation on 'peristomal skin irritation', which is the most common complication among ostomy patients.
- Incontinence in men is quite common. The EAUN Association has issued guidelines for nursing care of male patients who use urinal condoms to control incontinence. It has also issued guidelines for nursing and patient care with a permanent urine catheter. All EAUN guidelines are also published on the EAUN website.



Gabriele Kroboth is presenting at EAUN 2019 conference in Barcelona.

New international guidelines for stoma care in premature babies, newborns, children and adolescents are presented!

Werner Droste



Louise Forest-Lalande shares her experience with the German Society for Stoma, Continence and Wound Nurses (FgSKW e.V.)

In German

FgSKW führt erfolgreiche Fortbildungen für Pflegeexperten in Leipzig. Louise Forest-Lalande ist die weltweit bekannteste Expertin für die Stomatherapie bei Säuglingen und Kindern. Als Leiterin einer internationalen Arbeitsgruppe ist sie die verantwortliche Autorin einer internationalen evidenzbasierten Praxisleitlinie für die Kinderversorgung. Produziert wurde diese neue Leitlinie mit finanzieller und organisatorischer Unterstützung durch die Firma Coloplast aus Dänemark. Im Rahmen ihres aktuellen Aufenthaltes in Europa war es möglich, die in Montreal / Kanada wohnende Autorin zu zwei Gast-Vorträgen vor deutschen Pflegeexpertinnen und Pflegeexperten in Deutschland zu gewinnen. Mit der ihr eigenen Empathie berichtete Louise Forest-Lalande aus dem reichhaltigen Erfahrungsschatz ihrer klinischen Tätigkeit. Insbesondere durch die Schilderung wichtiger Details aus ihrem pflegerischen Alltag wurde diese Fortbildung zu einer besonderen Erfahrung der Teilnehmenden. Die neue Leitlinie ist heute ausschließlich in englischer Sprache zu erhalten unter: Wie die zufriedenen Rückmeldungen der Teilnehmenden bestätigten, war die englische Vortragssprache jedoch dank der Übersetzung der Präsentation in die deutsche Sprache zu keiner Zeit ein Problem für die Anwesenden. Die Fachgesellschaft Stoma, Kontinenz und Wunde bedankt sich sehr bei Louise Forest-Lalande für die engagierte und empathische Vortragspräsentation und die Gelegenheit, ihr unglaubliches Erfahrungswissen mit den Teilnehmenden zu teilen.. Vielen Dank, Louise!

In English:

FgSKW e.V. carries out successful advanced training for nursing experts in Leipzig and Frankfurt / Main (Germany). Louise Forest-Lalande is the world's foremost expert on infant and child stoma therapy. As head of an international working group, she is the author in charge of an international evidence-based practice guideline for paediatric stoma care. This new guideline was produced with financial and organisational support from the company Coloplast, in Denmark. As part of her current stay in Europe, the author, who lives in Montreal, Canada, was able to give two guest lectures to German nursing experts in Germany. Expressing her own empathy, she reported on the wealth of her clinical experience. In particular, her description of important details from her nursing routine made this training a special experience for the participants. The new guideline is available in English language ([link](#)). As confirmed by the satisfied feedback from the participants, the use of English during the lectures was never a problem for those present. The German Society for Stoma, Continence and Wound Nurses (FgSKW e.V.) would like to thank Louise for her dedicated and empathic presentation and the opportunity to share her incredible experiences with the participants. Thank you very much, Louise!

Neue internationale Richtlinie für die Stomaversorgung bei Früh- und Neugeborenen sowie Kindern und Jugendlichen wird vorgestellt!

"A lott to tell": In Polyambulance, the first photo exhibition on the Ostomates

Danila Maculotti



Danila Maculotti with her colleagues at the photographic exhibition on ostomy.

On 5 April at the Fondazione Poliambulanza, a photographic exhibition on ostomy opened. Such an opening on the abdominal wall, made necessary by a serious accident or particular pathologies, connects the intestinal and/or urinary apparatus with the outside. Since the ostomy does not have a musculature for closure, the stool and urine cannot be held and come out without a prior stimulus or the possibility of control. Ostomised people, therefore, must use special collection devices (i.e., bags), which often, at least in the initial phase of use, are a cause of discomfort and shame.

The photographic exhibition, promoted by the Federazione Associazioni Incontinenti e Stomizzati (FAIS), aims to overturn this perspective and present the ostomy not as an evil suffered, but as the solution to a serious problem. The messages of the people who have lent their faces (and their bellies) to this project are messages of hope for all those who are facing this condition: Even ostomates can live everyday lives like anyone else, without conditioning their activities or giving up their life's passions.

<https://www.poliambulanza.it/news/un-sacco-da-raccontare-in-poliambulanza-la-prima-mostra-fotografica-sull-esperienza-degli-stomizzati>

