

News Spring 2017

Dear member,
Dear friends of ECET,

We are very proud that the preparations for the ECET Conference in Berlin are going very well. With a balanced Scientific program and a supporting program that presents Berlin, we hope to inspire them for this ECET Conference.

We are also pleased to present the results of our projects. Our most important project was the ECET Conference in Berlin.

But no less important was the new homepage. She has been online since April 2017 and we hope many of them have already visited it. One of the highlights of the new homepage is the membership registration, which can now be done online.

The first European Guideline is in process of being marketed.

The cooperation with EWMA was further deepened and we are pleased to announce a guest session of EWMA at the ECET conference in Berlin.

Collaboration with EAUN was launched this year.

We are looking forward to meet you in Berlin!



Gabriele Kroboth
President



Werner Droste
Vice-President

ECET Conference 2017 in Berlin



The 13th Conference of the European Council of Enterostomal Therapist (ECET 2017) will take place 18 - 21 June 2017 in Berlin, Germany and is organised in cooperation with Fachgesellschaft Stoma, Kontinenz und Wunde (FGSKW).

The upcoming ECET Conference 2017 in Berlin is the focus of this year. The board of ECET has been working very hard since 2013 to organize an ECET Conference again in Europe. Thanks to the strong support of the Industry partners, the plan was finally realized. Werner Droste, as President of the national German Stoma Association – FGSKW declared himself to be the President of the Conference.

ECET decided two years ago to work with the congress organization CAP & Partner.

The ECET 2017 conference programme looks very promising. A high number of abstracts has been submitted from around Europe and will contribute to an outstanding scientific content. The conference language is English, with simultaneous translation of all scientific sessions and company symposia in English, German, Spanish, French and Polish.

This year's conference will welcome a number exhibiting companies.

On 18 June after the opening session, the ECET hosts a welcome reception in the exhibition area for all participants and exhibitors. It is great opportunity to meet old and new colleagues, while sharing drinks and finger food.

The conference diner takes place on Tuesday 20 June 2017 in Loewe Saal in the centre of Berlin. It will be an evening of good food and wine and the chance to mingle with all the other conference participants.

The General Meeting of ECET 2017 takes place during the ECET Conference in Berlin. This year the vote able members are invited to re-elect the board members.

Find more information about the conference and the programme at the conference website: www.ecet2017.org

New Homepage

The ECET has to create a new website: <http://www.ecet-stomacare.eu> as the previous one became unavailable due to current circumstances.

This homepage was static and only limited information could be published. In 2016 the board of ECET decided to commission a new homepage.

With the support of Coloplast, the homepage was created and put online in March 2017. There are still important contents that are slow to be felt.

A new feature is the possibility to subscribe online as a member. Thus, a modern and up-to-date member registration was established.

Feel free to visit the ECET homepage and give us your response.

<http://www.ecet-stomacare.eu>

ECET creates European Guideline for Stoma site marking

A European standard is being developed with the help of national and international guidelines as well as a thorough literature research on the stoma site marking.

A European expert group will discuss and develop standard criteria for the European area.

Points, which cannot be determined by means of studies, are to be discussed and the experts agree on a joint statement.

The time frame for the creation of the Guidelines had to be postponed. Unfortunately, Gian Carlo Canese had to end the management of the working group for personal reasons



Mrs. Tamara Štemberger-Kolnik accepted with February 2017 to lead the workgroup European Guideline for Stoma site marking. She is a MSc., RN, ET and a lecturer at Faculty of Health Sciences, University of Primorska, Slovenia. She is a lecturer of Health care in community nursing and clinic care with clinical training, quality assurance in health care, fundamentals of nursing and public health nursing supervision. She was also a leader of research group of "NATIONAL RESEARCH: THE QUALITY OF LIFE OF PEOPLE WITH STOMA IN SLOVENIA." (Available at: https://www.zbornica-zveza.si/sites/default/files/kongres_zbn_7/pdf/223A.pdf)

Mrs. Stemberger-Kolonik will present the summary of the literature research at ECET Conference in Berlin.



Picture: **First meeting about Project of ECET in Ljubljana, Slovenia.** (From left to right): *Renata Batas*, RN, ET, PR & Publications of ECET, President of Professional group of nurses in enterostomal therapy at Nurses and Midwives Association Slovenia, MSc, *Tamara Štemberger Kolnik*, RN, ET; *Gabrielle Kroboth*, MSc, RN, ET, President of ECET, *Anita Prelec*, MSc (UK), RN, ET, Executive Officer of Nurses and Midwives Association of Slovenia.

ECET cooperate with EAUN (European Association of Urology Nurses)



The President of ECET visited the EAUN Conference in London. She and the President of EAUN, Stefano Terzoni, agreed to collaborate. Both organizations representing the interests of Nurses and have clearly overlaps in the area of incontinence and stoma.

Stefano Terzoni is invited to the ECET Conference in Berlin. He will gladly prepare a lecture and bring a colleague from the board.

EAUN is struggling with the same problems regarding Education of Nurses like ECET. There are big differences between the European countries. Even are important differences between the national nursings laws. The discussion runs over basic nursing training and faced out nursing practitioners, which are not established in all European countries.

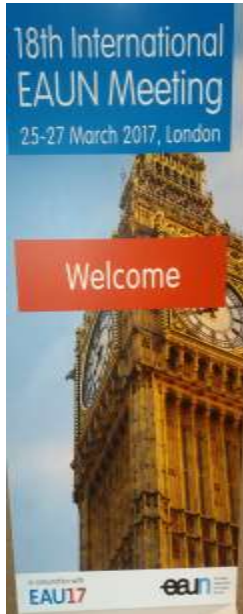


From 25 to 27 March 2017, London hosted the 18th International EAUN Meeting, the first annual EAUN event to be held in this city. Remarkable development has marked the International EAUN Meeting with more than 300 professional visitors and participants and an in-depth scientific programme. From state-of-the-art lectures, debates, hands-on training, symposiums, educational courses to abstract and video sessions, among other activities, the newest updates and leading opinions are presented and examined by over 50 expert speakers and lecturers.

The program included lecture anatomical changes in women in menopause, such as hormone status and its impact up to propulsion.

W. Naish from UK asked "Is surgery the answer for Urinary Incontinece?" Urinary incontinence included the clarification of these by specialist nurses, identify different types of urinary incontinence by symptoms and explore management options. Outline of published guidelines on management and when surgery

is appropriate. Bedretdinova from Paris presents a study which compares the association between self reported urinary incontinence (UI) and health related quality of life (HDQoL) in men and women while taking chronic comorbidities into account, on the hypothesis that UI might negatively affect HRQoL differently in each sex. The researcher's conclusions are, UI was in both sexes associated negatively with HRQoL,



mostly in the dimension of energy, social isolation and physical mobility. UI can affect different aspects of quality of life. Men are more “affected” psychologically, women are affected physically. Vahr presents an edited summary of the 2013 EAUN Guideline “Catheterisation urethral intermittent in adults”. She showed the evidence behind the intermittent catheterisation procedure performed by a healthcare professional. A short overview of new evidence regarding the procedure and patient-related perceptions of intermittent catheterisation published after the release of the 2013 guidelines were also discussed.

Find the EAUN Guideline “*Catheterisation urethral intermittent in adults*”:

<http://nurses.uroweb.org/guideline/catheterisation-urethral-intermittent-in-adults/>

ECET guest session at EWMA Conference in Amsterdam



ECET was invited for a guest session during the EWMA Conference in Amsterdam. The topic of this session was “Good clinical practice in Stomatherapy”. This session picked up three cases with high importance for nurses in the daily work with ostomates.

Kroboth spoke about pre-operative stoma-siting, which is the beginning of the adaption for ostomates to their life with a stoma. The session gave a summary of the evidence-based recommendations in stoma siting.

The identification and competent management of stoma complications, is a question of high impact for ostomates. Nurses should be focused on this to assist ostomates in the best way. Batas offers an overview of the common complications for ostomates, the special identification and the individual treatment based on evidence-based recommendations.

Accurate documentation is necessary for nurses in all working field. Droste present the best recommendations to produce high quality photos in stomatherapy.



Picture: ECET Guest Session on EWMA 2017 in Amsterdam. (From left to right): Renata Batas, RN, ET, PR & Publications of ECET
Werner Droste, RN, ET, Vice – president of ECET
Gabrielle Kroboith, MSc, RN, ET, President of ECET.

