

# ECET News/2018

SUMMER/AUTUMN ISSUE

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## Dear members and friends of ECET,

The European Council of Enterostomal Therapy – ECET – has been actively preparing for the ECET Congress to be held in June 2019 in Rome, Italy. On 6 October 2018, we celebrated ‘World Ostomy Day 2018’. Many meetings were held in different European countries where the day was specially marked. Quality of life for ostomy patients was the unifying thread among all events. ECET supports its members by promoting educational, clinical and research opportunities to advance practice and guide the delivery of expert health care to individuals with ostomies, incontinence and wounds. With this in mind, ECET invites you to participate with your knowledge and presentations at the ECET Congress in June 2019. We kindly ask you to save these important dates:

November 2018  
Participant registration opens

-

1 February 2019  
Abstract deadline

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15 March 2019  
Early registration deadline

-

Save the dates: 23–26 June 2019 for the  
14<sup>th</sup> Conference of the European Council of  
Enterostomal Therapists in Rome!

European  
Council of  
Enterostomal  
Therapy **ECET**

23 - 26 JUNE 2019 · ROME · ITALY



Renata Batas, RN, ET  
PR & Publications, ECET

Gabriele Kroboth, MSc., ET  
President, ECET

## Guidelines for Percutaneous Endoscopic Gastrostomy and Percutaneous Endoscopic Jejunostomy Gabriele Roveron, President of AIOSS

In 2012, The Italian Associations of Endoscopic Technical Operators (ANOTE\*) and Gastroenterology Nurses (ANIGEA\*) joined with the Stomal Therapy Scientific Association (AIOSS\*\*) in drawing up Guidelines for Percutaneous Endoscopic Gastrostomy (PEG) and Percutaneous Endoscopic Jejunostomy (PEJ).

The joint project began with an identification of critical points of the clinical pathways of patients with PEG / PEJ and with the establishment of a multidisciplinary working group made up of members from the involved associations. The group included not only people with clinical skills, but also those with experience in critical evaluations of the literature and in the development methodology of the guidelines.

### Identified Clinical Questions:

- Patient preparation for the PEG / PEJ procedure and periprocedural monitoring;
- Stoma and tube care, intake and the prevention of errors related to nutritive formula and drugs;
- Management of early and late PEG / PEJ complications;
- Patient and/or caregiver training on the management of feeding tubes and the administration of drugs or nutritive formula; and
- Replacement of gastrostomy and jejunal tubes.

Following the research, review and critical appraisal of the literature referring to each clinical question, grading was performed, and specific recommendations were formulated based on these conclusions.

After this procedure, we consulted an expert group (comprised of gastroenterologists, general surgeons, nutritionists and hospital and homecare nurses) to resolve those critical points for which there was no high scientific level of evidence. A subsequent Consensus Conference with all stakeholders from the field (representatives of the major scientific associations and societies and patient associations) was held, to contribute to the validation of the work.

It was possible to disseminate the contents of the Guideline not only through national and local events organised by the promoting associations, but also through National Board of Nurses conferences.

AIOSS will take on the task of disseminating the Guideline internationally, to make this new knowledge available to all professionals. Transferred in different contexts, this may



encourage critical thinking and lead the way to new studies. To support this, we prepared an English summary of the Guideline in a scientific article to be published in an international journal indexed by Medline and CINAHL.

**Thanks to all colleagues who contributed to this excellent work:**

Mario Antonini, Maria Barbierato, Vita Calandrino, Giancarlo Canese, Lucio Fernando Chiurazzi, Gesualdo Coniglio, Gabriele Gentini, Mara Marchetti, Andrea Minucci, Laura Nembrini, Vanessa Neri, Gabriele Roveron and Paola Trovato

A special thanks to Francesco Ferrara who drafted the article.

*This collaboration may encourage new ideas, further studies and foster new knowledge.*

*\*The ANOTE / ANIGEA was established in 1988 with the aim of promoting the professional and legal protection of non-physician endoscopic operators and in recognition of the responsibilities related to the procedures and activities carried out in collaboration with physician endoscopists.*

*\*\*AIOSS was founded in 1982 and is an association of professionals who work in the field of stoma care or continence.*



World Ostomy Day in Germany Werner Droste.

## World Ostomy Day in Germany Werner Droste

Event in Bad Boll, Germany. Together with the German Self Help Association (ILCO), we organised a seminar for stoma therapists and their patients.

It was a great success to meet, in total, 165 participants during the meeting.

### In German

Am Samstag, 06.10.18 fand anlässlich des Welt-Stomatages einen gemeinsame Veranstaltung der FgSKW und der Deutschen ILCO statt. Tagungsort war der idyllische Kurort Bad Boll, am Fuße der schwäbischen Alb.

Im festlichen Kursaal wurden den rund 165 Gäste interdisziplinäre Vorträge zum Thema "Parastomale Hernie - Prävention und Therapie" geboten.

Abgerundet wurde die Veranstaltung am Nachmittag durch weitere interessante und spannende Vorträge der 3 Gewinner des diesjährigen Pflegepreises:

- **Sati Taskin:**  
Schamgefühl bei Menschen mit Stoma.
- **Sabrina Dittmeyer:**  
Typisch Crohn" Vorurteil oder Realität?
- **Dominik Öhrlein:**  
Ausgewählte Aspekte in der Beratung von Urostomiepatienten mit dem Schwerpunkt hygienespezifischer Fragestellungen.

Wir danken allen Beteiligten, der Ilco und den Pflegepreis-Gewinnern für die Mitwirkung an dieser gelungenen Veranstaltung - und freuen uns jetzt schon auf die Bewerbungen für den Pflegepreis 2018!

### In English:

On Saturday, 10 June 2018, a joint event of the FgSKW and the German ILCO was held on the occasion of the World Stoma Day. The venue was the idyllic spa town of Bad Boll, at the foot of the Swabian Alps.

Around 165 guests gathered in the festive venue, where they enjoyed interdisciplinary lectures on the subject of 'Parastomal Hernia - Prevention and Therapy'.

The event was rounded off in the afternoon with further interesting and exciting lectures by the three winners of this year's care award:

- **Sati Taskin:**  
'Feelings of shame in people with stoma'
- **Sabrina Dittmeyer:**  
'Typical Crohn "Prejudice or reality?"'
- **Dominik Öhrlein:**  
'Selected aspects in the consultation of urostomy patients with a focus on hygiene-specific issues'

We thank everyone involved, the ILCO and the nursing prize winners for their participation in this successful event. We are already looking forward to receiving applications for the Nursing Award 2019.

## World Ostomy Day in Italy Danila Maculotti, RN, ET, Treasurer ECET



*Danila Maculotti, ECET Treasurer.*

### **In English**

An interview with Danila Maculotti, ECET Treasurer, was conducted on the occasion of World Ostomy Day 2018. The interview was made in connection with a meeting organised by Fais Onlus, the Federation of Incontinent and Stomized Associations. The meeting was held on 6 October in the magnificent setting of the Royal Palace in Caserta, Italy.

### **In Italian**

Intervista a Danila Maculotti - Tesoriere ECET (European Council of Enterostomal Therapy) - in occasione della giornata mondiale dello stomizzato 2018, organizzata da Fais Onlus - Federazione Associazioni Incontinenti e Stomizzati, si è tenuta il 6 ottobre nella magnifica cornice della Reggia di Caserta.

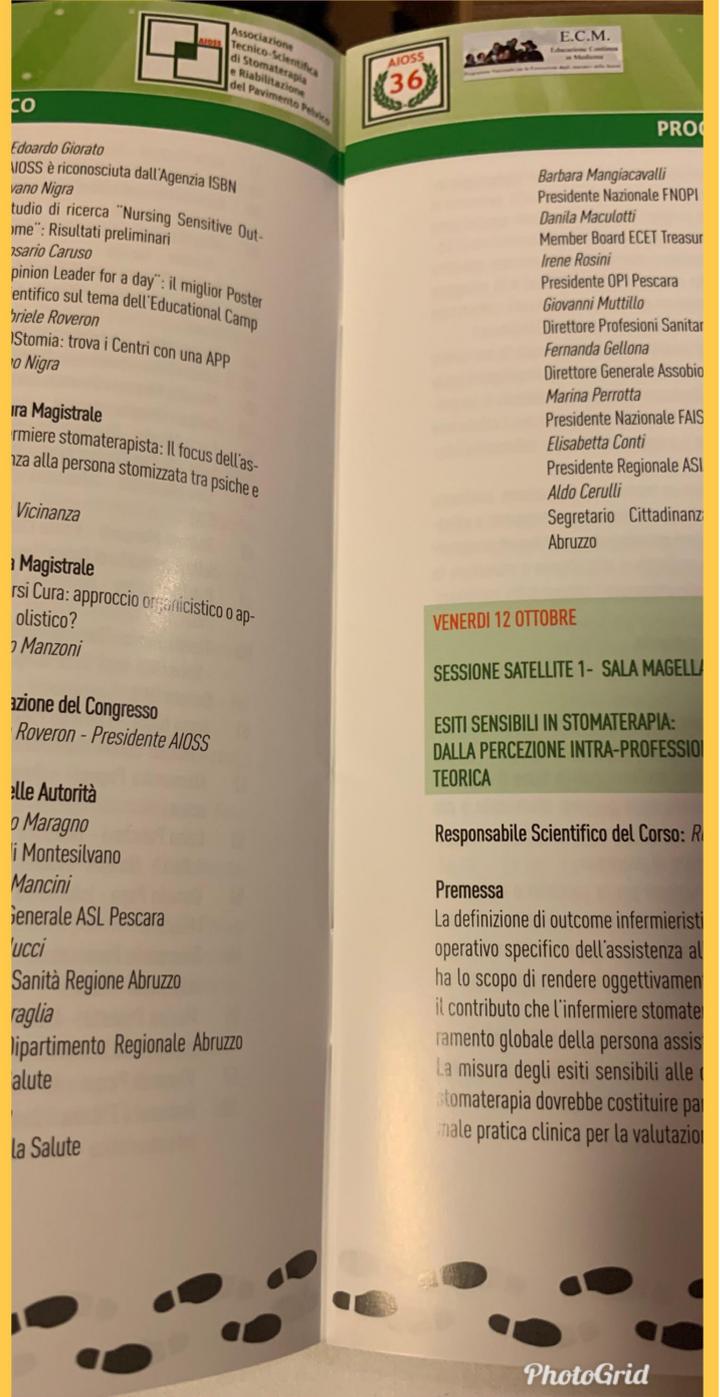
### **In German**

Interview mit Danila Maculotti - ECET Schatzmeister (Europäischer Rat der Enterostomal-Therapie) - anlässlich des Welttages der Ostomie 2018, organisiert von Fais Onlus - Föderation der Inkontinente und Stomized Associations, fand am 6. Oktober in der herrlichen Kulisse des Königspalastes von Caserta statt.

The video (in Italian, no subtitles) can be viewed here:

<https://www.youtube.com/watch?v=j-lfQ3KQKvA>

ECET presentations at the national AIOSS Congress; Danila Maculotti, Treasurer ECET, greeting participants at the opening of the biennial AIOSS Conference, held 11 October 2018



## World Ostomy Day in Slovenia

Renata Batas, RN, ET, PR & Publications ECET  
President of Professional Group of Nurses in Enterostomal Therapy  
At the Nurses and Midwives Association Slovenia



*A group from Enterostomal Therapists of Slovenia at the meeting in October 2018, held in Zreče, Slovenia.*

In October 2018, we marked World Ostomy Day 2018 at a meeting of the Enterostomal Therapists of Slovenia with the objective of discussing the quality treatment of patients with stoma, chronic wounds and incontinence. At the meeting, we presented drafts of guidelines for treating patients with ostomy, chronic wounds and incontinence in primary health care settings. We also discussed the updated draft guidelines for choosing and prescribing medical devices for patients with ostomy.

## Enterostomal Therapy in the Republic of Croatia - Where are we today?

Ivanka Benčić, RN, ET, Croatia

Marija Hegeduš Matetič, RN, ET, Croatia

Today, enterostomal therapy in Croatia is slowly completing the first decade of active efforts to sensitise the profession of wound, incontinence and ostomy care. Compared to 2010, when we began with the first workshops where nurses learned about the importance of stoma marking and how to implement it, through today, in 2018, the planning of stoma positioning is carried out in a large number of hospitals in the Republic of Croatia.

Today, the Republic of Croatia has three nurses who specialise in the field of wound work, incontinence and stomas, thanks to a great professional association and international cooperation with the Republic of Slovenia. In many hospitals, the preparation for stoma patients now begins during the preoperative period, which represents the gold standard for health care delivery to stoma patients. In some hospitals, we have been able to create multidisciplinary teams that take care of stoma patients to connect hospital and outpatient care. Besides physicians and specially educated nurses (ET), members of the multidisciplinary team include physiotherapists, dieticians and social workers.

We are also continuously improving the processes of the planned release of the stoma patient and coordination of ET nursing in patients' homes. The ILCO Association of People with Stoma, in Zagreb, Croatia has traditionally celebrated an international day with stoma patients, promoting public health action in promoting the early recognition of malignant bowel disease. In the past four years, we have recorded a series of profiled workshops, professional conferences, conferences and nurses' symposia that cover most of the areas of wound work, incontinence and stoma problems. All of these activities have greatly influenced the development of enterostomal therapy and improved care for people with the problem of early stoma or incontinence. Considering the evident trends in the population's recovery from inflammatory bowel diseases, malignant diseases that can affect the appearance of stoma via surgical treatment, or the appearance of complex wounds, a nursing specialist focused on this area brings a whole range of benefits to both the patient and the socioeconomic system.

Research conducted on a group of patients at UHC Sestre Milosrdnice in the Clinic for Tumours (ET patients and members of the ILCO European Ostomy Association) demonstrated the need for and effectiveness of the multidisciplinary approach to stoma patients' care.

This year, nurses have been educated in stoma care according to the WCET guidelines. This represents a future potential for the development of the nursing profession. We believe that by increasing the number of specialised nurses in general, as well as in stoma care, the quality of care in the health care systems will be improved, to the benefit of individuals living with non-healing wounds, incontinence and ostomy.

## European Society of COLOPROCTOLOGY (ESCP) Workshop



The ESCP will host a workshop on 15-16 November 2018 in Nice on the topic:

### **Ileo-anal Pouch (IPAA) and Kock-Pouch**

This highly interactive two-day workshop is designed to introduce and discuss both the Ileo-anal Pouch (IPAA = Ileal pouch-anal anastomosis) and the Continental Ileostomy (Kock Pouch).

**Venue:** Johnson & Johnson Institute, Hummelsbütteler Steindamm 71,  
22851 Norderstedt, Germany

Read more about registration and the programme here: <https://www.escp.eu.com/conference-and-events/event-calendar/1754-ipaa-and-continent-ileostomy-kock-pouch-and-modifications-workshop>

The fee for nursing experts is €100 for participation in the scientific program on Thursday 15 November 2018.

We are looking forward to your participation in this specialised training event!

Happy  
World Ostomy Day  
6<sup>th</sup> October 2018



*Education*  
*Cooperation*  
*Expertice*  
*Training*

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